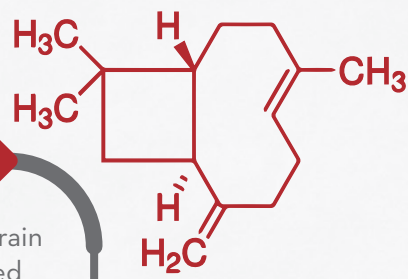


# SUBSTANCE

## KNOW YOUR TERPENES

### HOPPY



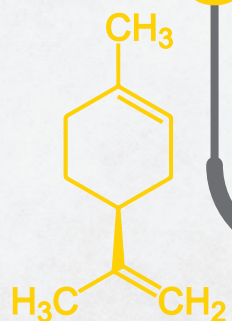
Studies found that the strain Train Wreck had contained .33% caryophyllene. May help treat anxiety and depression. Found in hops, pepper and oregano.

### CARYOPHYLLENE

PREVENTS ANXIETY  
ANTI-INFLAMMATORY  
RELIEVES PAIN

### LIMONENE

STRESS RELIEF  
ANTI-DEPRESSION  
WEIGHT LOSS

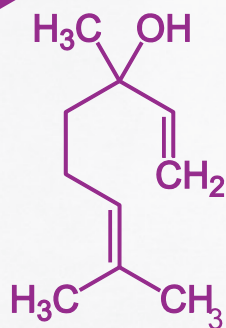


Super Lemon Haze gets its aroma from Limonene. It's used to promote weight loss, prevent and treat cancer, and treat bronchitis. Found in citrus fruits and other plants.

### CITRUS

### LINALOOL

ANTI-INFLAMMATORY  
RELIEVES PAIN  
AIDS SLEEP

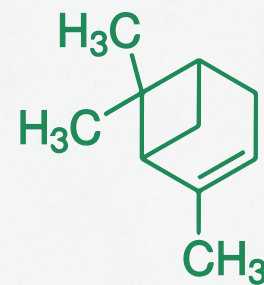


A lab tested samples of Amnesia Haze and showed slightly over 1% linalool. Helps modulate motor movements and used to help treat liver cancer. Found in lavender, laurel and mint.

### FLORAL

### ALPHA-PINENE

ENERGY BOOSTER  
HELPS ASTHMA  
AIDS MEMORY

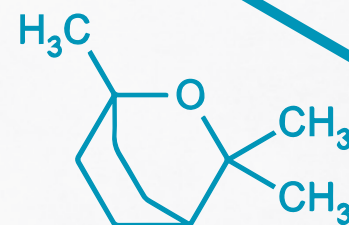


One study examined 16 marijuana plants and found all the strains contained notable amounts of alpha-pinene. It can be found in orange peel, pine and parsley.

### PINE

### EUCALYPTOL

ANALGESIC  
COUGH SUPPRESSANT  
ANTIBACTERIAL

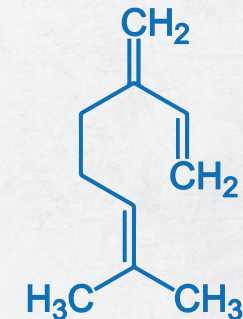


Most cannabis strains contain eucalyptol, however, it's typically in small amounts. Eucalyptol's used in a variety of products including mouth wash and baby powder. It can be found in bay leaves, sweet basil and rosemary.

### SPICY

### MUSKY

A study found that most strains they tested contained high levels of myrcene. Contribution to the tired feeling often attributed to indica. Myrcene can be found in hops, mango, and lemongrass.

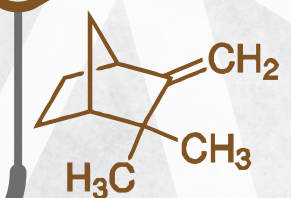


### MYRCENE

ANTI-INFLAMMATORY  
MUSCLE RELAXER  
SEDATIVE

### CAMPHENE

ANTI-FUNGAL  
ANTIOXIDANT  
ANTIBIOTIC



Lab testing found high concentrations of camphene in indica strains. Also used in perfumes and food additives. Camphene conveys the aroma of fir needles and wood.

### WOOD