

INDICA VS. SATIVA

WHAT'S THE DIFFERENCE?



GEOGRAPHIC ORIGIN

INDICA: HINDU KUSH REGION OF THE MIDDLE EAST - TURKEY, MOROCCO, AFGHANISTAN

SATIVA: GROWN NEAR THE EQUATOR - COLOMBIA, MEXICO, THAILAND, SOUTH EAST ASIA

INDICA

DEEP COLOR, THICK LEAVES



COMMON STRAINS:
NORTHERN LIGHTS, BLUEBERRY,
MASTER KUSH, GRANDDADDY PURPLE

SATIVA

PLANT GROWS UP TO 20 FEET,
LIGHT COLOR, SLENDER LEAVES



COMMON STRAINS:
SUPER SILVER HAZE, JACK HERER,
GREEN CRACK, SOUR DIESEL

GROWING

FLOWERING TIME: 6-8 WEEKS

PLANT GROWS 3-6 FEET



INDICA



SATIVA

PLANT GROWS UP TO 20 FEET

FLOWERING TIME: 10-16 WEEKS

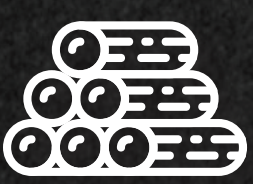
INDICA



SATIVA



COMMON INDICA TERPENES



CAMPHENE

Conveys the aroma of fir needles & wood. Shown to possess antibiotic & anti-inflammatory characteristics.



MYRCENE

Earthy & musky with a hint of fruity flavors. Can be found in hops, mangos & lemongrass. Works as a sedative & muscle relaxer.



LINALOOL

Floral with a hint of spice. Found in lavender, laurel & mint. Helps to modulate motor movements & used to help treat liver cancer.

COMMON SATIVA TERPENES



CARYOPHYLLENE

Spicy & peppery. Found in many edible plants such as oregano & hops. May help treat anxiety & depression.



LIMONENE

Citrus profile. Can be used to promote weight loss, prevent & treat cancer, & treat bronchitis.



ALPHA-PINENE

Alpha-Pinene is where pine trees get their scent from. Shown to have anti-inflammatory properties. Also an energy booster & aids memory.