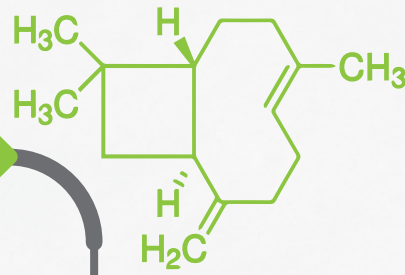


# SUBSTANCE

## KNOW YOUR TERPENES

### HOPPY

Studies found that the soil-grown specimen of Train Wreck had contained .33% caryophyllene.

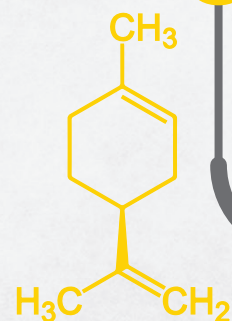


### CARYOPHYLLENE

Cannabis & hops are basically cousins. Studies suggest that caryophyllene may help treat anxiety & depression.

### LIMONENE

Helps promote weight loss, prevent & treat cancer. Also used to make ointments & medicinal creams that penetrate the skin better.

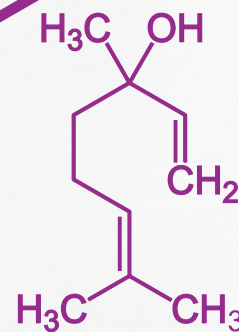


### CITRUS

Perhaps you know Super Lemon Haze gets its name partially from the aroma, but did you know the smell is present because it contains Limonene?

### LINALOOL

Can be used as an anti-inflammatory. It also helps to modulate motor movements & used to help treat liver cancer.

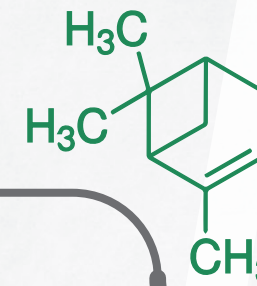


### FLORAL

A lab tested samples of Amnesia Haze & showed slightly over 1% linalool. Also found in lavender, laurel & mint.

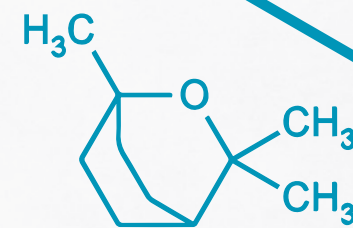
### ALPHA-PINENE

Pinene has been shown to have anti-inflammatory properties. It is also an energy booster & aids memory.



### EUCALYPTOL

Eucalyptol is used in a variety of products including cough suppressants, mouthwash, & body powder.



### SPICY

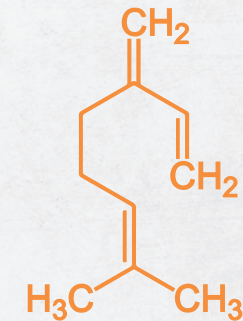
Some cannabis strains contain eucalyptol, however, it is typically in very small amounts. It can be found in bay leaves, tea tree, sweet basil & rosemary.

### PINE

One study examined 16 marijuana plants & found all the strains contained notable amounts of alpha-pinene. It can be found in orange peel, pine & parsley.

### MUSKY

A Swiss study found that most of the strains they tested contains high levels of myrcene. Myrcene can be found in hops, mango, & lemongrass.



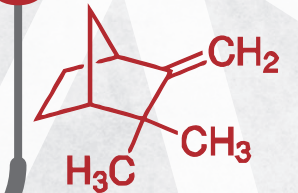
### MYRCENE

Effective anti-inflammatory. Also works as a sedative & muscle relaxer. Possible contribution to the tired feeling often attributed to indicas.



### CAMPHENE

Shown to possess antibiotic & anti-inflammatory characteristics. Also used in preparation of fragrances & as a food additive for flavoring.



### HERBAL

One study suggests camphene is higher in concentration among 'most indica' strains. Conveys the aroma of fir needles & wood.